



## Concussion Policy Statement

The Academy for Urban Scholars is committed to ensuring the safety and well-being of all student-athletes. In accordance with the Ohio High School Athletic Association (OHSAA) regulations and Ohio's Return to Play Concussion Law, the following policy has been established to manage concussions and head injuries in sports.

### 1. **Education and Training:**

- All coaches, athletic trainers, and relevant staff members must complete an approved concussion training program annually. This training will cover the recognition, management, and prevention of concussions.
- Student-athletes and their parents or guardians will be provided with educational materials on concussions, including the signs and symptoms, the importance of reporting injuries, and the potential long-term effects.

### 2. **Recognition and Management:**

- Any student-athlete suspected of having sustained a concussion during a practice or game will be immediately removed from play.
- The student-athlete will not be permitted to return to play on the same day and must be evaluated by a licensed healthcare professional experienced in concussion management.
- A written clearance from a healthcare professional is required before the student-athlete can return to practice or competition.

### 3. **Return to Play Protocol:**

- The student-athlete must follow a graduated return-to-play protocol, which includes a step-by-step progression of physical activity. Each step must be completed without the recurrence of concussion symptoms.
- The protocol will be supervised by a licensed healthcare professional, and the student-athlete must receive final clearance before resuming full participation in sports.

### 4. **Communication and Documentation:**

- All incidents of concussions and head injuries must be documented and reported to the school administration and the student's parents or guardians.
- Coaches and athletic trainers are responsible for maintaining accurate records of concussion training, incidents, and return-to-play clearances.

### 5. **Compliance and Review:**

- The Academy for Urban Scholars will regularly review and update this policy to ensure compliance with OHSAA regulations and best practices in concussion management.
- Any changes to the policy will be communicated to all relevant stakeholders, including coaches, staff, student-athletes, and their families.



By adhering to this policy, The Academy for Urban Scholars aims to protect the health and safety of its student-athletes and promote a culture of awareness and prevention regarding concussions.